



MASTERCLASS WORKSHEET

Which Obstacles Do You Face?

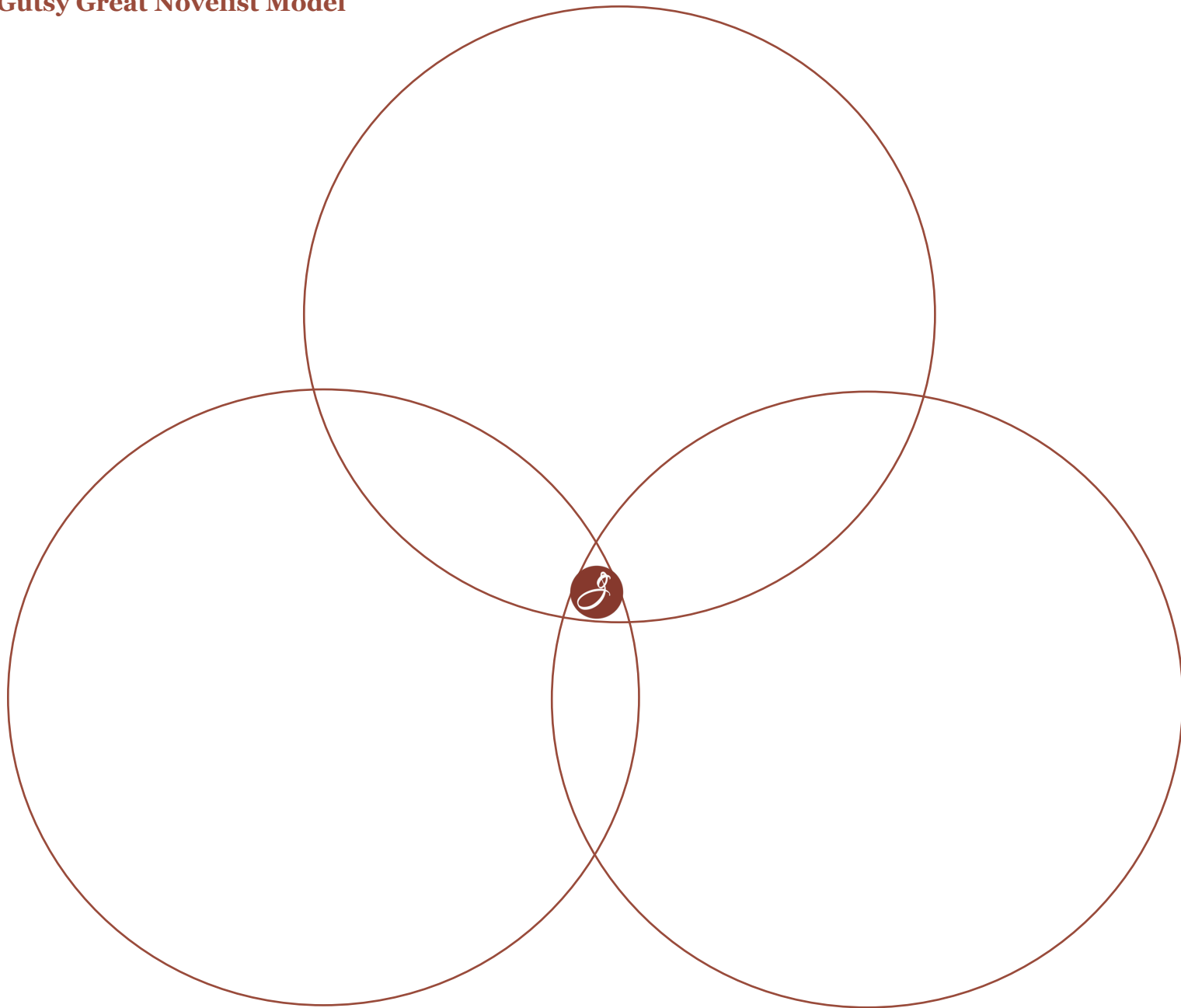
Read through the following list of obstacles that are getting in your way of working on or finishing your novel—check all that apply.

- No time
- Other priorities feel more important
- Daunted by the magnitude of the novel
- Uncertain about your writing skills
- Afraid of failure
- Afraid of success
- Feel like a fraud or imposter
- Worry your writing really isn't any good
- Don't feel entitled to invest in yourself as a writer – time, energy, or money

Other obstacles getting in your way that aren't listed above?

- +
- +
- +
- +

The Gutsy Great Novelist Model



Generate Time

Take a quiet moment on your own and jot down as many things as come to mind that you know in your gut you:

- don't need to be doing,
- don't want to be doing
- hate doing
- are doing too much of
- are doing it because someone else wants or expects you to do it
- are doing it because you think you'll be judged harshly if you don't
- are doing it to keep the peace

These are your *inessential* things:

Now, from your list, choose one or two things that you have deemed *inessential*, and make a commitment right now to eliminate them so you can use that time to write.

Inessential item #1:

Inessential item #2:

Envision Your Future

Let's take a look at your future—you get to choose.

Jot down your thoughts about each of the following scenarios.

A year from now, how will you feel if:

Your novel is still not done.

I'll feel >

Your novel is done, but you didn't give it your all and know you could have done better.

I'll feel >

Your novel is done to the absolute best of your ability.

I'll feel >